# **EPOCH**

**Adamas Quaterly Chronicles** 





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# PRINCIPAL'S MESSAGE

"The universe doesn't give you what you ask for with your thoughts. It gives you what you demand with your action."

As we approach the end of another beautiful session, I want to reflect on the incredible journey we have shared together through the 4th edition of our quarterly magazine, 'EPOCH. This year has been filled with growth, learning, achievements and countless unforgettable moments. From the first day of school to this very moment, we have come together as a community, supporting and inspiring one another every step of the way.

True to the theme of the year, 'Children Community Companionship' our students have shown great enthusiasm and eagerness to explore the world around them which is truly inspiring. They have overcome challenges, discovered new talents and demonstratedkindness and empathy toward their peers. Their accomplishments, both big and small, have made us immensely proud. Let us not forget the invaluable support of our parents and guardians. Your involvement, encouragement, and partnership have played an instrumental role in the success of our students. Your trust in our school and dedication to their education is appreciated. Together, we have created a strong foundation for our children's future.

My sincere compliments to the editorial team of this quarterly magazine for their consorted efforts in recording the achievements of our students and coming up with new editions promptly.

Here's wishing all our students to go forth and embrace your future with open arms, and enthusiastically pursue your own life- journey of discovery. Render dedicated service to humanity and live a happy and peaceful life.

Gobind S. Moorjani Principal, Adamas World School

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IX A

Education
is the manifestation of the
Perfection
already in man.
Swami Vivekananda



# **Beauty Becomes the Background**

On one of my yearly visits to the highest mountains of the Himalayan range, that never cease to fill me with a pure sense of beauty and intrigue, longing to own a small cottage one day in the midst of the stunning mountains.....I had this conversation with an elderly resident, telling her how lucky she was to live in this paradise.

She lived in one of the most scenic valleys of this beautiful mountain range that comes with harsh winters, snowclad mountains, pine forests and lakes that make up for the cold, she replied, "It all just becomes the background, I don't even notice!"

Surprised by her reply that made a scenic wonder look like a lacklustre regular countryside scene, made me introspect.

Can the panoramic beauty of the mountains that make me gasp and stare in wonder, ever lose its beauty? Can this beauty ever become only a background that I may stop noticing one day?

Life is full of stress and is complicated. There are schedules to manage, deadlines to meet, family to take care of and laundry always in need of folding. And when our calendars, our minds and our hearts get too cluttered it's easy to miss the beauty all around us.

When the sound of laughter and muffled giggles don't make us pause and say a quick prayer of thanks, when a hand is held by a friend or colleague during a stressful time and we can't feel the gratitude, when getting home after a tiring day ends with a hot bowl of soup made by our children and we don't pause to give a hug, when our spouse touches the small of our back and we can't feel that quick burst of love, or when we can't see the presence of the Divine in the nearby ponds, the swaying palm trees, the wild flowers or the stray animals, it's time to take a pause. It's time to introspect. It's time to start paying attention once more and appreciate the beauty around us and not let it become the background!

In between assignments and deadlines, household chores and loads of laundry, I will create this pause. I will sit in awe and thank God for life's beauty. I will appreciate His blessings and be grateful, I will fold my hands in prayer and give love and kindness, I will make time to sip in the beauty of life as.....

I don't want to become an old woman who let the beauty of her life become the background.

Regards, Barnali Sen, HOD (English)



# STEPPING STONES TO SUCCESS ECHOES OF VICTORY

IF YOU WANT TO SHINE LIKE A SUN, FIRST BURN LIKE A SUN

A.P.J. ABDUL KALAM



### **BEYOND THE EDIFICE OF LEARNING**

Times of India conferred upon Adamas World School the prestigious "Beyond the Edifice of Learning: Schools that Shape the Future" award, in recognition of its outstanding contribution to academia and beyond, demonstrating a steadfast commitment to the pursuit of excellence.

Along with this coveted award our school also received a coffee-table magazine by the Times of India, celebrating AWS's remarkable journey in the world of holistic learning, at a ceremony graced by the presence of visionaries like Shirshendu Mukhopadhyay, Ashoke Vishwanathan, Srijato Bandopadhyay and Sugata Ray.

This honour is a testament to Adamas World School's tremendous efforts towards bringing in a change in the future of education by nurturing the potential of students and guiding them along the path to success.

### AT THE ELDROK INDIA K-12 AWARDS

It is indeed a delight to share a moment of immense pride for Adamas World School as we have been recognized at the prestigious ELDROK India K-I2 Awards 2025 for our outstanding efforts in promoting "Experiential Learning Programs", all thanks to the determination of our steadfast and visionary principal and the unconditional support of all the teachers and students of Adamas World School.

This distinguished honor, presented at the Eldrok India K-12 Summit, reaffirms our unwavering commitment to innovative, student-centered education. Experiential learning has always been at the heart of our educational philosophy. At Adamas World School, we believe that true learning goes beyond textbooks and classrooms. This award recognizes our continuous efforts to engage students in meaningful, application-based learning that prepares them for future challenges.

The Eldrok India K-12 Summit is one of the most esteemed platforms that acknowledges excellence in education. Being recognized at this forum validates the persistent efforts of Adamas World School in transforming traditional learning methodologies into dynamic, student-driven experiences. This award serves as both a recognition and motivation for Adamas World School to continue pioneering innovative learning approaches. Here's to many more years of learning, growing, and achieving together!



# Exploring new Horizons

A colourful kaleidoscope of cultural vibrance

# Souvenirs from the World of Music

### Debadrita Paul, IX A

"Music is the most fantastic thing in the world- it is meditation; it is entertainment; it is art; it is wealth; it is a treasure that no one can take away from you until you decide to share it."

- Padma Shri Awardee Ustad Shahid Pervez Khan



The morning of 20th January saw an excited crowd of *sangeet* enthusiasts gather in the Adamas University premises for a magical journey to that subtle realm where one can hear the two inseparable twins- melody and rhythm, call out to each other, with the illustrious mentors from The Fifth Note Global Centre for Excellence (TFN)- Ustad Rashid Khan's Academy.

This fascinating Music Workshop hosted by the Adamas Music Academy was graced by the esteemed presence of maestros like Shubh Maharaj, Armaan Khan, Partha Sarothy, and Vishal Krishna- stalwarts from the world of *sangeet* who have established themselves as veterans of their respective arts.

The learning journey began with a rhythmic masterclass by Shubh Maharaj, an eminent tabla artist from the Benaras school of music, wherein the attendees delved into the classical world of *bols* and *taals*- the rendezvous of mathematics and music.

Next, it was the turn of the prolific vocalist and son of Ut. Rashid Khan - Armaan Khan. He explained the basics of Hindustani classical music- how notes permutate and combine to form specific *bandishes* within the melodic frameworks of fixed *raagas*. Then he explained to us how modern pop music can be seamlessly blended with the classical traditions of yore, through a beautiful musical fusion.

Late in the afternoon, after the eager students had had their lunch, began the Sorod rendition of the legendary Partha Sarothy. After explaining the working principle of the instrument and giving us a taste of how different *raagas* sound, he regaled us with the various myths that surround the myriad raagas and tales of his journeys across the world.

As the evening slowly started setting in, Vishal Krishna helped us gain deeper insights into the beauty of Kathak, a classical dance form from northern India. Redefined our preconceived notion about the meaning of the word sangeet he said, "Sangeet is made only when Gayak(Singer), Vadak(Percussionist), and Nartak(Dancer) come together."

The day culminated with the students of Adamas World School felicitating the maestros and taking their blessings. As the attendees made their way back home, echoes of music pulled at their heartstrings, hardening their resolve to pursue music for life......

# **GLIMPSES**



Shubh Maharaj (Tabla)



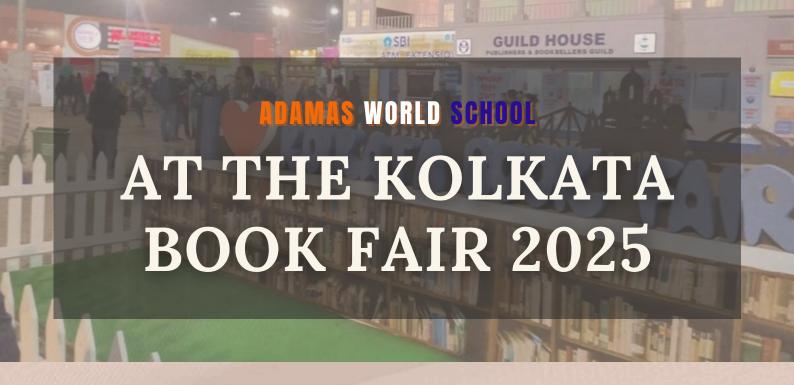
Partha Sarothy (Sorod)



Armaan Khan (Vocal)



Vishal Krishna (Dance)











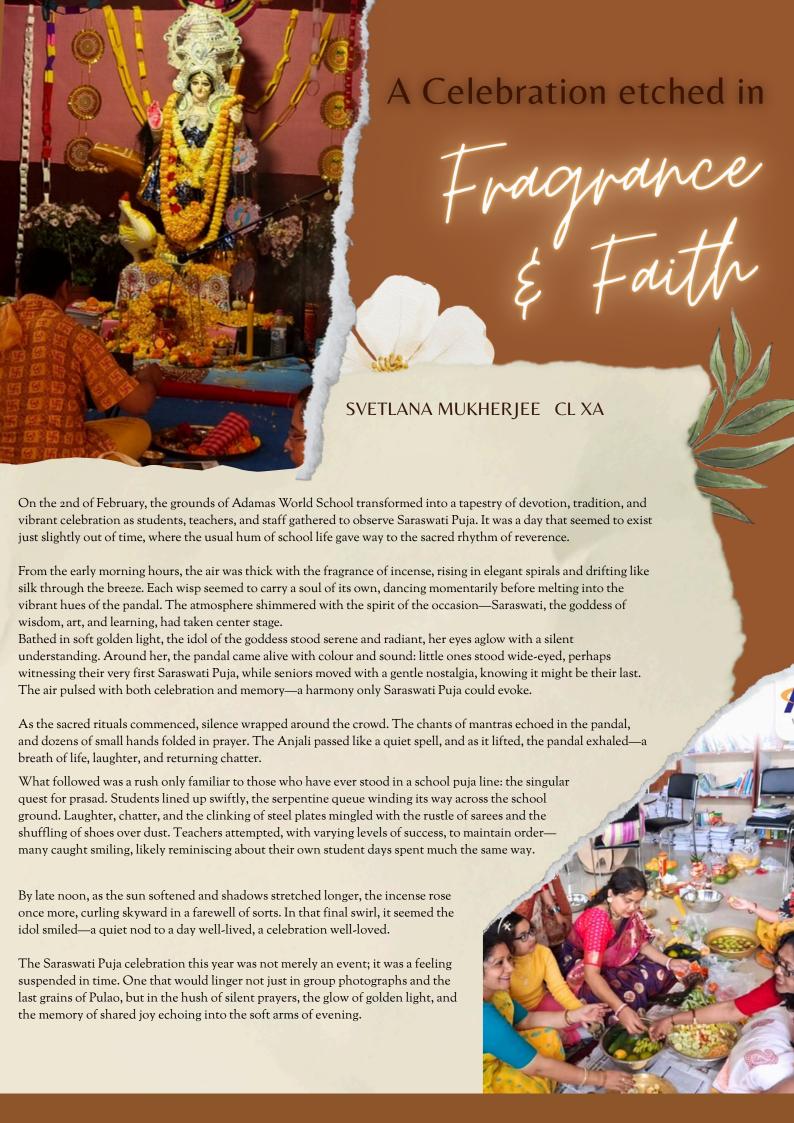
# **Musical Forays**

Our talented students captivated the audience with a mesmerizing musical performance at Kolkata Book Fair 2025! Their passion and talent created an unforgettable experience.

At the Adamas Schools' Stall









# Invictus 2025- A Resplendent Ode to Grit, Glory, and the Unconquerable Spirit

Koushiki Ghosal, XII (Humanities)

The sun dawned radiantly on 25th January , 2025, as Adamas World School assembled for its much awaited annual sports day, "INVICTUS"—a name that epitomizes the indomitable will to rise above adversity. The event unfolded as a magnificent tapestry of discipline, fervor, and unrelenting determination, leaving an indelible impression on all who witnessed it.

# A Commencement Steeped in Inspiration

The ceremony commenced with an evocative quote by the illustrious Carli Lloyd: "The harder you work, the more prepared you are to persevere through anything." The anchors– Nishigandha Saha of class XI Sci, Debadrita Paul of class IX A and Daiwik Goswami of class IX A-orchestrated the proceedings with eloquence, extending a warm welcome to the distinguished Chief Guest, Prof. Samit Ray, and the esteemed Principal, Mr. Gobind Moorjani, whose stirring address ignited the collective spirit of the gathering.

A soul-stirring prayer song by the school choir and a transcendent orchestra performance, featuring renditions of "Dakho Re Noyon Mele", Feluda's theme, and "Jai Ho", wove a harmonious blend of tranquility amidst the growing ardour and ambition amongst the students for the upcoming events, setting the stage for the day's grandeur.





# The March Past: A visual sonnet of discipline

The March Past unfolded as a masterclass in precision, as an array of students with high spirits swayed their arms in rhythm, wearing the colours of their houses proudly.Led by the Head Boy, Souhardya Banerjee, and the Head Girl, Koushiki Ghosal-who carried the school flag and placard with unwavering poise-the procession epitomized the ethos of unity. The Student Council, including Vice Head Boy Deeptenshu Deb, Vice Head Girl Rimjhim Karmakar, Literary Head Jeba Hoque, and Cultural Head Dwaipayan Dutta, moved in flawless synchrony, their cadence echoing the heartbeat of collective purpose.

The four houses, resplendent in their distinctive hues, marched forth with regal discipline.

Socrates House, led by Captain Aryan Bepary and Vice-Captain Shivanshi Gupta, cut a striking figure in the colour of victory, red, their steps a rhythmic declaration of resolve.

Rousseau House, under Captain Sampurna Mukherjee and Vice-Captain Saffanat Hoque, surged forward in azure, their formation mirroring the relentless waves of an ocean.

# Pillars of Invictus -The Torch and The Testament

The ceremonial torch, gleaming in the morning sun, began its journey in the capable hands of the Sports Captain Priyani Sarkar of Class XII Sci.B. A decorated athlete with numerous accolades in throwball, kabaddi and football, she embodied the competitive fire the torch represented. With measured strides, she passed it to Vice-Sports Captain Srijan Mallick, a national-level kabaddi player and sprint champion. The flame then traveled through the hands of remarkable young athletes, Sanithi Mukherjee of Class VI A, the swimming prodigy who had claimed multiple national records and Suvan Mitra of Class II B, the karate champion who had brought glory to Adamas in national tournaments.

As the final runner placed the torch in the ceremonial cauldron, the flames leapt skyward, symbolizing the lighting of the competitive spirit that would burn throughout the day's events.

The oath-taking ceremony commenced with Head Girl, Koushiki Ghosal leading the entire student body in pledging to uphold the highest ideals of sportsmanship, fair play, and mutual respect. Vehement voices repeated the oath in unison, their collective commitment forming the moral foundation for the day's competitions.

Following this, the respected Chairman Prof. Samit Ray formally declared the Invictus 2025 Sports Meet open. As enthusiastic applause filled the air, the ceremonial torch stood as a powerful symbol - its enduring flame representing both the competitive spirit and the values now sworn to guide it throughout the day's events.



Confucius House, guided by Captain Rishav Mondal and Vice-Captain Shrinwantu Mukherjee, radiated verdant energy, their synchronicity a testament to meticulous preparation.

Swami Vivekananda House, spearheaded by Captain Pritam Das and Vice-Captain Ankur Pandey, embodied saffronclad valor, their strides infused with the spiritual fervor of their namesake.

Our tiny tots of the junior section paid tribute to India's 2024 milestones-Chandrayaan-3, the T20 World Cup victory, and Paralympic glory-with each class symbolizing a national achievement. The toddlers' portrayal of "The Elephant Whisperers" and Nursery's tribute to the "Vande Bharat Express" were particularly heartwarming.



# The Arena of Competition: A Spectacle of Zeal

The athletic events were a riveting display of tenacity .Nursery's "Miles and Smiles" enchanted the audience as tiny participants chugged along like jubilant locomotives. KG's "Cascade the Cones" and "Reckoning Coins "showcased dexterity and teamwork in equal measure. The primary section's "Soccer Walker" and "Happy Hooping" blended whimsy with athleticism, while the senior events—sprints, relays, sack races and the eagerly awaited "octopus race"—unfolded with electrifying intensity. Waves of trepidation swam through the cheering ocean of students who eagerly waited for their houses to emerge victorious. The cheering intensified as the "tug of war" began , determined participants showcased coordination and camaraderie along with strength and resilience as they pulled their way to victory.

The Parents' Race infused the afternoon with mirth and nostalgia, bridging generations in a lighthearted yet spirited contest.









# Brushstrokes of Motion: Where Art Meets Athletics

The yoga demonstration unfolded as a moving meditation, with students flowing through precise asanas that showcased both physical mastery and spiritual discipline. Their synchronized movements created living patterns on the field, each pose a testament to the ancient practice's perfect balance of strength and serenity.

This quiet reverence gave way to vibrant energy as the dance performance began, where classical Kathak rhythms merged with contemporary choreography to dramatize Krishna's legendary victory over the serpent Kaliya. Swirling saffron costumes and expressive gestures transformed the field into a dynamic canvas, the dancers' artistry echoing the same dedication to practice and perfection that fuels athletic excellence. Together, these displays celebrated the profound connection between disciplined movement and artistic expression, two facets of Adamas' holistic approach to education.



# Trophy, Cheers, and Unforgettable Glory

As twilight painted the sky in soft amber hues, a reverent silence settled over the assembly. Our respected Principal stepped forward, the polished trophy glinting in the fading light, with deliberate pride Socrates house was declared the winner.

A thunderous ovation erupted as House Captain Aryan Bepary ascended to claim the coveted prize, his team's emerald banners waving triumphantly behind him. Rousseau House, securing second position, offered gracious applause, while Swami Vivekananda and Confucius Houses demonstrated admirable sportsmanship in their commendable placements.

In this crystalline moment, the true essence of Invictus shone brightest - not merely in victory, but in the dignified celebration of collective effort and the mutual respect between competitors. As the Socrates contingent lifted their captain shoulder-high, the field resonated with the enduring spirit of camaraderie that transcends all rivalry. The legacy of the day was sealed-not just in scores, but in the unbreakable bonds forged in the fire of competition.

As the gilded hues of twilight descended upon the field, Vice Principal Dr. Nandini Chattopadhaya graced the podium to deliver her closing remarks. With measured eloquence, she paid tribute to the extraordinary displays of fortitude witnessed throughout the day - the athletes' perseverance, the mentors' guidance, and the collective spirit that had elevated Invictus 2025 beyond mere competition.

The school ethoes, resplendent in the evening's amber glow, stood as a silent testament to the values upheld throughout the day's events. As the opening chords of our National Anthem resonated across the grounds, the assembly rose as one, their voices blending in harmonious reverence – a poignant finale to the day's exertions.

In this solemn moment of reflection, the true measure of the day's success revealed itself. Not in medals won or records broken, but in the quiet dignity with which every participant had represented Adamas World School's enduring legacy. The torch's flame may have been extinguished, but its illumination persists – in strengthened character, forged camaraderie, and the indomitable spirit that will continue to guide all the students of our alma mater for their future endeavours.





# KHANDEKAR'S SAVATE VICTORY

Debadrita Paul, IX A

Our kickboxing champ of Grade 4A - Khandekar Shadeed Hussain, made his country proud by clinching gold at the 6th Asian Savate Championship 2025 held at the Talkatora Stadium in New Delhi, from 9th to 12th February.

Hosted by the Savate Association of India, this landmark event which saw more than 260 athletes from countries across Asia pit their martial skills against each other, not only played a decisive role in fostering international collaboration and sportsmanship but also inspired a sense of unity and brotherhood in the fellow competitors.

However, Khandekar's remarkable victory at this prestigious event did not come easy. It was his grueling training regime, dedication to the game, and "never fall back" attitude that made this dramatic international triumph possible. His coach Debajyoti Mukherjee too played a key role in honing his martial prowess and preparing the aspiring champion for international events. Before this, his stunning performance had also earned him a silver medal at the Savate National Boxing Championship held at the P.L. Roy Stadium in Kolkata- A win that was essential for participating in the Asian Boxing Championship.

Competing in the Children +32kg category, he secured victories against India in the quarterfinals, Nepal in the semifinals, and Uzbekistan in the finals of the 6th Asian Savate Championship. I had to win, otherwise I would have tarnished the image of my nation. So I simply gave my best.", said the young champ without hesitation, in an interview with the Bengali news channel Khabor Dinbhor, when asked about overcoming the characteristic tension that engulfs every sportsman in the ring.

Adamas World School wholeheartedly congratulates Khandekar on his incredible international achievement and wishes him all the best in his journey towards the pinnacle of sporting glory!

# WHAT IS SAVATE?

Savate (French pronunciation: [savat]), also known as French Boxing (French: Boxe Française) or French Foot Fighting, is a French hybrid martial art and full-contact combat sport that combines principles of western boxing with a wide variety of kicking techniques. Unlike kickboxing styles such as Muay Thai, which allow knee and/or shinstrikes in competitive bouts, savate involves kicking exclusively with one's feet, but participants can nonetheless target any part of the body.

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# Good Old CHILDHOOD

-Dipika Gomes

# Little Chef

To promote creativity and awareness of healthy eating habits among students, Adamas World School organised a Non-Flame Cooking Activity – 'Little Chef' for the students of Toddlers to Grade II. The little Adamites donned their chef caps to exhibit their culinary skills on 03.03.2025. This fun and educational event allowed students to explore the art of cooking without using fire, encouraging them to prepare nutritious and delicious dishes using simple ingredients. The students participated with great zeal and enthusiasm, preparing dishes like sandwiches, fruit salad, corn chaat, bhel chaat, mousse and more. They showcased their culinary skills while learning the importance of hygiene, presentation and balanced nutrition. The activity aimed to boost confidence and a hands-on understanding of basic cooking techniques. It was an enchanting experience for all, as the children not only enjoyed preparing the dishes but also relished the opportunity to taste their own creations. Overall, the activity was a big hit, blending fun with learning in the most delicious way.

# **Graduation Day Ceremony**

The Kindergarten Graduation Ceremony at Adamas World School was a joyful and emotional event, marking a significant milestone in the lives of our young learners. Held on 27.03.2025, the event brought together parents and teachers to celebrate the incredible journey of the little graduates.

The programme began with a warm welcome by the Vice Principal, Dr Nandini Chattopadhyay, who highlighted the growth, curiosity and enthusiasm shown by the children throughout the year. The ceremony featured a series of delightful performances, including songs and dance prepared by the students of Kindergarten and Grades I and II, leaving the audience with beaming pride and admiration. Each child was then invited to the stage to receive their graduation certificate. The sparkle in their eyes and their smiles reflected not only their excitement but also the love and dedication poured into them by their teachers and families.

The event concluded with a vote of thanks by the Head Mistress, Mrs Debarati Dey Banerjee and a photo session, creating a warm and festive atmosphere. It was a memorable day, full of laughter, happy tears and a shared sense of achievement as these bright young stars take their first step towards a lifelong journey of learning.

# Jungle Safari

A day filled with wonder and the vibrant calls of the wild unfolded as the students of Toddlers to Grade II embarked on an exciting Day Out Programme – 'Jungle Safari ' at the 'Deer Park' on 29.01.2025. The air buzzed with anticipation as the young explorers boarded the school bus ready to immerse themselves in the fascinating world of animals.

The safari commenced with the little explorers venturing into the sprawling enclosures, carefully designed to mimic the natural habitats of the creatures within.

The teachers accompanying the students enriched the experience with insightful commentary, sharing facts about the animals' behaviour and diet. Beyond the thrill of observing the magnificent creatures up close, the safari provided a valuable opportunity for experiential learning, allowing the students to connect with the animal kingdom in a meaningful way. As the safari drew to a close and the buses made their way back to school, the students were visibly enriched by their adventure.





"CREATIVITY IS SEEING WHAT OTHERS SEE AND THINKING WHAT NO ONE ELSE HAS EVER THOUGHT."

### **ALBERT EINSTEIN**





VEDANTIKA BHASKAR IX A



SATADRUPA SAHA X A



DEBADRITA PAUL IX A

**EPOCH** 

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# The Letter that was Never Sent

SVETLANA MUKHERJEE (X A)

Mom,

I'm folding this letter along with the corners of my childhood and tucking it away within the quiet of heartbeats - where the unvoiced resides.

Amidst the echoes of the half - forgotten tune you hummed while folding laundry and the faint smell of turmeric and soap lingering on your palms, was lost a girl who once dreamt in hues softer than responsibility; the girl who whispered her own name, without hearing it only when someone needed her and ran barefoot, shattering clocks beneath her.

For years, I have memorised you like a scripture. I have seen you stitch mornings with your hands and weave nights with your sighs yet somewhere in between, you built a world of innocent lies and stood like a fortress around the lush garden I danced across, untroubled by bitter truths. I never told you the fatigue I saw in your eyes eclipsed by their luster and how your laughter sometimes were weighed down by ache. I had always thought mothers were made of steel, yet now I see the rust beneath the armour, the soft spaces within sacrifices. There's so much I've left unsaid, pages caught in the throat of time. Yet if silence has a language, I hope mine reaches you wrapped in the hush of all that had always been understood.

I'm leaving this letter here , unsent, for ,if the wind carries whispers and memories hold weight, then maybe you've savoured this ink somewhere, somehow, long before I even wrote it .

# Flow of life

## DEBADRITA PAUL(IX A)

The crystal-clear waters flowed in torrents, from the melting river of ice, breathing life -

Rummaging swiftly through the jumble of rocks and boulders, it carved its niche across the misty mountain slopes,

Clad in the white of the soft effervescent snow, with the dangerous beauty of the rugged landscape in tow.

The ice-cold water crawled on all fours, with the playful sound of a newborn's roars.

Growing, on its travels around the steepness of the treacherous mountain path, erosion in its wake, It embarked upon a journey, descending with tremendous youthful energy through deep gorges and narrow valleys.

Sculpting steep canyons and forming rapids over the stony bed, with brute force all the way!

The teenage river jumped from a great height, kissing the skies,

Into an outrageous plunge over hard rocks into the waterfall of youth,

Foam and spray washing away the dust and reviving the forgotten;

Petals bloomed and new histories were written; Civilisations rose and fell.

Bubbling with eagerness from the gullies the young river reached the plains of wider valleys.

As the monsoon clouds gathered overhead, the river meandered across the flood plain, reaching its middle age.

It crushed sarsens to dust and swelled with pride when the raindrops hit its currents

And deposited its gravel and silt, thinking that its might is unperturbed still –

Overlooking the slowing in its formerly incomparable speed.

The ageing river saw many streams dry up as it fortified itself with mud levees,

It thought that the rivulets were small, but It had no end. It would never get its call of death.

Who could match its sheer weight after all? Drying up was out of the question.

In its course oxbow lakes were carved, memoirs of its youthful past.

The old river felt its life force ebbing away as distributaries sucked out its might and strength. It did not realize its end – so near; For It never dried up; It continued boasting of its power Until the sluggish river made its way through the triangular web of the delta of life And dissolved into the unfathomable vastness of the

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ocean's infinite.